

UF/IFAS Extension

Family Nutrition Program

*Farm to School
& SNAP-Ed*

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Food Systems Coordinator*



HAPPY NATIONAL
FARM TO SCHOOL MONTH!



AGENDA



- Overview of SNAP-Ed and UF IFAS/Extension Family Nutrition Program (FNP)
- FNP Regional Specialists
- Farm to School Examples

SNAP AND SNAP-EDUCATION



United States Department of Agriculture
Food and Nutrition Service



Supplemental
Nutrition
Assistance
Program

SNAP-Education (SNAP-Ed) is the nutrition promotion and obesity prevention component of SNAP.

"The goal of SNAP-Ed is to improve the likelihood that persons eligible for SNAP will make healthy food and lifestyle choices that prevent obesity" - USDA FNS

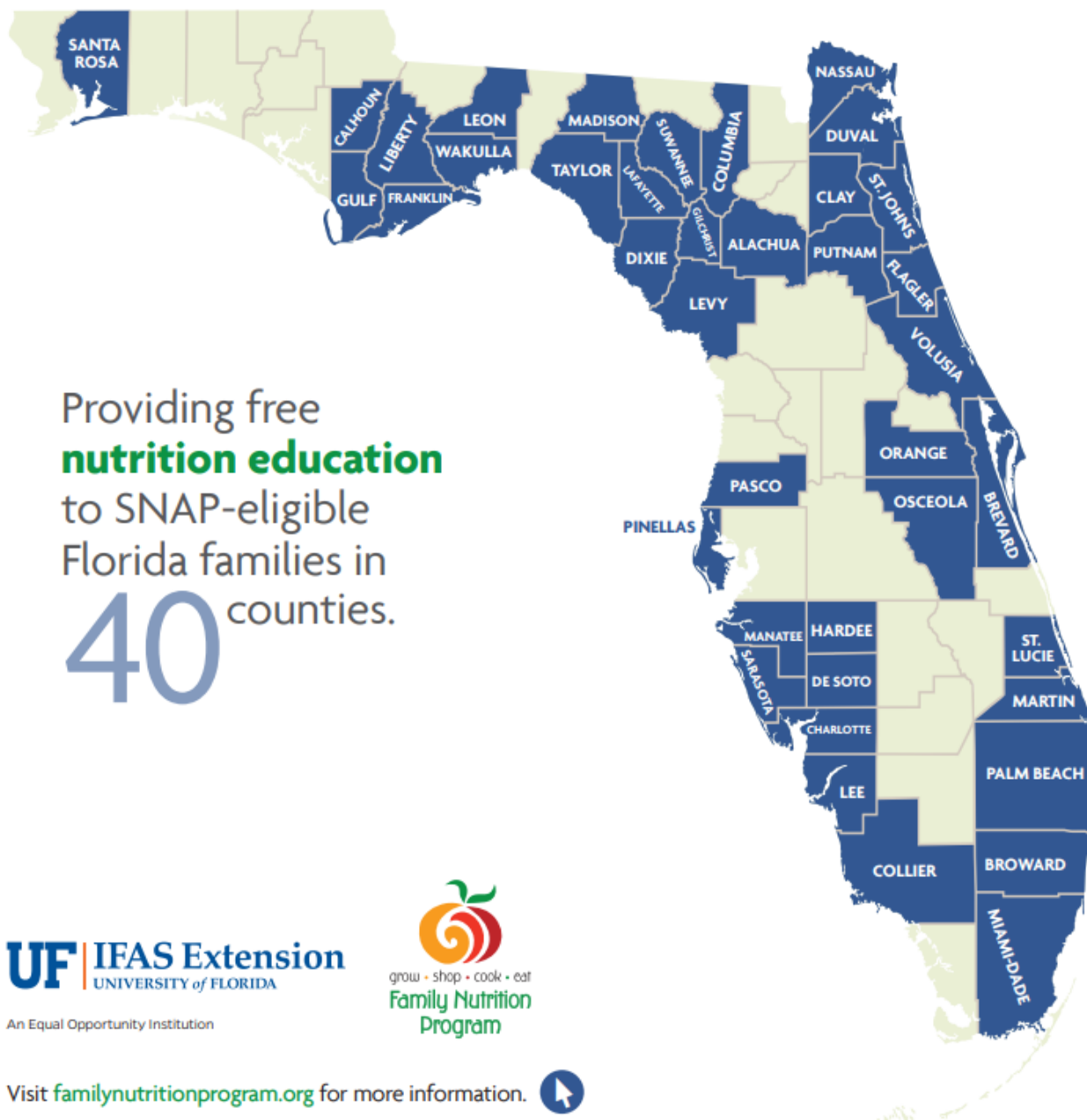
SNAP-ED IN FLORIDA



UF/IFAS Extension Family Nutrition Program (FNP) implements SNAP-Education program in Florida, along with Florida Department of Health.

Our Mission:

The UF/IFAS Extension Family Nutrition Program (FNP) helps limited-resource families in Florida access more nutritious food choices on a budget and adopt healthier eating and physical activity habits to reduce the risk of obesity and chronic disease.



Providing free
nutrition education
to SNAP-eligible
Florida families in
40 counties.

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UNIVERSITY of FLORIDA

An Equal Opportunity Institution



Visit familynutritionprogram.org for more information.



FNP PROGRAM AREAS



Creating
Healthy
Schools



Creating
Healthy Child
Care Centers



Creating
Healthy
Communities



INTRODUCTION TO THE REGIONAL SPECIALIST TEAM



FNP FOOD SYSTEMS AND PUBLIC HEALTH TEAMS



WHAT WE DO CONTINUED:



Food Systems

- Coalitions/Committees
- Florida Crunch
- Procurement
- Food Pantries
- Policy Change
- Garden Educator Training Series (GETS)
- Garden support
- Farm to Community
- Food Policy Councils
- Food Recovery

WHAT WE DO CONTINUED:



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FARM TO SCHOOL INITIATIVES



FARM TO SCHOOL - GARDENS



- Gardens – used to enhance and complement nutrition education
- FNP partners with Florida Ag in the Classroom to teach Gardening for Nutrition



SCHOOL GARDEN TO CAFETERIA



- Miami-Dade County has created a policy, Procedure B-18, with the purpose to incorporate school garden produce into the school food service program.



ALACHUA COUNTY FOOD HUB



- Partnership between Alachua FNS and FNP
- Partners with the ESE Department
- Provides nutrition knowledge, food safety training, and job skills for ESE students
- Aggregation and packaging hub for local farmers where produce is incorporated into school lunches district-wide



THE FLORIDA CRUNCH



- One-day event organized by schools across the state to celebrate National Farm to School Month in October.
 - National Farm to School Network farmtoschool.org
- Students taste a Florida-grown fruit or vegetable in the cafeteria or the classroom
- Students learn about Florida agriculture and the health benefits of eating more fruits and vegetables





WHY DO WE CRUNCH?

- Increase consumption of fruits and vegetables
- Raise awareness of Florida agriculture
- Learn about and sample produce in a taste test
- Encourage schools to serve more Florida-grown produce



THE FLORIDA CRUNCH TOOLKIT



- Created by FNP, in collaboration with Chef Paula Kendrick of FDACS
- Information about procuring from Florida farmers
- Guide for event planning
- Resources for Crunch day



THANK YOU!
QUESTIONS OR COMMENTS?



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